



*Skolverket*

Utbildningsinfo

## Programme for Health, Nursing and Care

The programme for Health, Nursing and Care is intended for those who wish to work with people of different ages and in different situations.

This may involve working with recreational activities and preschool.

It may also involve working with older people and their need for nursing and care.

The programme will also suit those who are interested in those issues concerning how diet and exercise can affect us humans.

You must like working with people and want to work providing service.

---

### This is what you learn on the programme

You will learn about people's development and the different needs that people have, both children and the elderly.

You will acquire knowledge of different disabilities and of nursing and care.

You have the opportunity of learning about health and illnesses.

You will also learn how the choice of lifestyle affects your health.

On the programme you will learn about human rights and reflect on democratic values and different ethical issues.

Work environment (health & safety) issues are an important part of the programme to ensure that you do not suffer workplace injuries in future and to ensure that you have good health in the workplace.

---

### This is how the programme is organised

#### General or standard subjects for all at special needs upper secondary school

The national programmes include subjects that everyone shall study. These are designated as general subjects for special needs upper secondary school students.

The subjects are:

- English
- Aesthetic activities
- History
- Physical education and health
- Mathematics
- Natural studies
- Religious studies

- Social studies (civics)
- Swedish or Swedish as a second language.

### Standard programme subjects

The programme has vocational subjects or programme-specific subjects which are called standard programme subjects.

**All students on the programme Health, Nursing and Care must study these subjects which are:**

- Health
- The human being
- Service and personal treatment
- Nursing and care.

---

### Programme specialisation

You will also study several subjects that provide you with more knowledge within the area you have chosen. These subjects are designated programme specialisation.

Since different schools can offer different subjects as special programmes, you are free to contact the school you wish to apply to and ask which programme specialisation is available at the school.

You can also read more about the programme specialisation at the website [www.skolverket.se](http://www.skolverket.se) under the flap Preschools and Schools.

---

### Individual choice

You also make an individual choice. You may yourself choose certain subjects which do not belong to the programme but that all students at the school can study.

---

### Subject syllabus

For each subject in the special needs upper secondary school, there is a subject syllabus with credit-yielding courses.

If you succeed in this, the Principal (School Director) may determine that you can study courses or subjects available at the upper secondary school level. In this way you will be further challenged in your studies.

---

### Grades

You receive a grade when the course is completed. The teacher will assess your knowledge and compare it with the requirements or standards set for the grading scale A, C and E.

---

### **Apl (Work-based learning)**

You train and apply the knowledge you acquire on the programme at a work-place.

This is called Workplace-based learning (Apl).

---

### **Work experience project**

To demonstrate that you are well prepared for the working tasks you have learned, you carry out a special needs upper secondary school work experience project (work placement).

Since the work experience project shall demonstrate the entirety of your educational attainment, this will be carried out at the end of your education.

---

### **Individual study programme**

You will have an individual study programme or syllabus. This specifies which subjects and courses you are studying during your upper secondary period of study.

All decisions on what you will study shall be available in the individual study programme.

---

### **Special needs upper secondary school student certificate**

When you leave the special needs upper secondary school after four years, you obtain a student certificate which shows which knowledge and experiences you have on completing your education there.

The student certificate shows how many points you have studied for during your four years at Upper Secondary School.

If you have an achieved passes in courses that together amount to 2,500 points then you have a complete special needs upper secondary school education.

---

### **This is how you work on the programme**

On the programme you work practically and theoretically on different tasks.

You will train and practise working on your own and together with others.

On the programme you will train and practise how to manage the tasks required to help people with their nursing care and their household work.

You may also work on different creative activities and outdoor activities to acquire knowledge that can be applied in working with people of different ages.

On the programme you will practise discussing, thinking about and saying what you think.

You also acquire practice in describing how you carry out your work assignments.