



Health and Social Care Programme

ENGELSKA

Utbildningsinfo

Skolverket

The Health and Social Care Programme is a vocational programme that leads to a vocational diploma.

The programme is intended for students who wish to work in health and medical care, psychiatry, care of the elderly and people with functional impairments.

You can start working immediately after you finish your programme, or continue your studies in vocational higher education. You can also choose to study additional courses to be eligible for further studies in higher education.

Opportunities for specialisation

The programme has no orientations, but does provide the opportunity to specialise. The education enables you to work in e.g. the functional disability area, health and medical care, psychiatry, care of the elderly, and persons with functional impairments.

This is what you learn from the programme

You learn about health, ill-health, functional impairment, medicine, pedagogy and psychology. You learn about people's different needs and gain an understanding of the impact of lifestyle on health. You learn to deal with people in a professional way.

Great emphasis is attached in the programme to working environment issues in order to avoid occupational injuries and build good health.

How the programme is organised

In the vocational programmes, the foundation subjects are: English, history, physical education and health, mathematics, natural sciences, religion, social studies, Swedish or Swedish as a second language. In the vocational programmes, you study more vocational subjects – subjects specific to the programme – and fewer of the subjects you studied in compulsory school.

The programme specific subjects are: health, medicine, people, psychiatry, psychology, social studies, special pedagogy, Swedish or Swedish as a second language, and health and social care.

You get the opportunity to specialise and further broaden your knowledge in the programme. This is referred to as "programme specialisation". Check with the school to find out what specialisation courses it offers.

You also have an individual option where you can choose what you want to study. Ask the school what courses it provides.

Working approaches

In the programme you develop your skills in carrying out tasks required in professional life, such as help with personal care, medical tasks, household tasks, and administrative and social tasks.

The programme is based on tasks that you solve either on your own or together with others. You develop your ability to take initiatives and be creative, and learn more about the opportunities to run your own business. You develop skills in planning, carrying out and documenting the work.

Diploma project

Towards the end of the Health and Social Care Programme, you complete a diploma project in your chosen professional area. You can then show that you have the knowledge needed to start working in the area related to your education.

Workplace-based learning

Parts of the education take place at one or several workplaces for a period of at least 15 weeks and are referred to as workplace-based learning (APL). This is an important component of the education. APL gives you the experience and contacts that can be useful when you're applying for a job.

Apprenticeship education

If the school provides upper secondary apprenticeship education in the programme, you can choose this. It means that you get the same knowledge but do at least half of your education at one or several workplaces.

Some points to think about

If you want to be eligible for higher education, it is important that you plan your studies in advance. In the programme specialisations, if the school provides this, you can choose to study the courses needed to obtain basic eligibility for higher education. These are a course in Swedish or Swedish as a second language, and a course in English. Talk to your study and vocational guidance counsellor if you want to continue your studies.

You always have the right to choose another course in physical education and health, and an aesthetic course in the individual option.